

*Light refreshments
& childcare will
be provided.*



Question

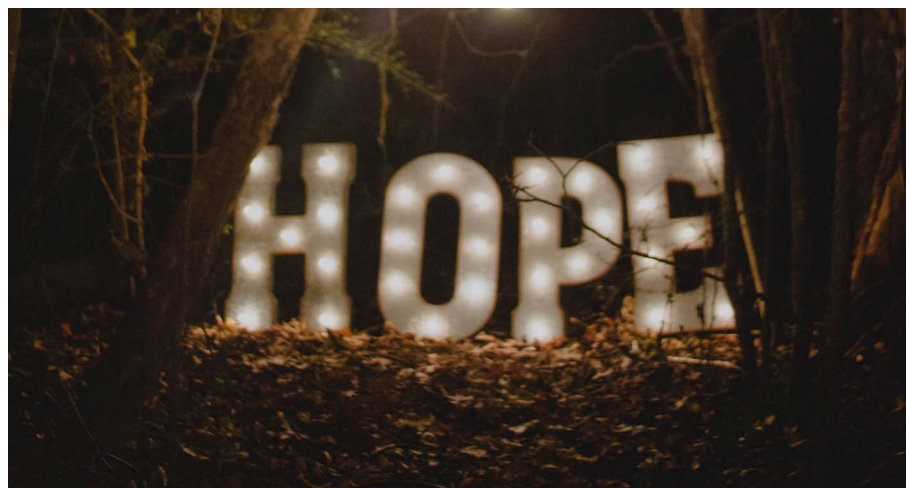


Persuade



Refer

To learn more about QPR, please visit:
qprinstitute.com



SUICIDE PREVENTION TRAINING

*For parents & caregivers
of all students in the Arvada West
and Ralston Valley areas*

Please join us:

Tuesday, January 28

6:00-7:30 p.m.

Ralston Valley High School

13355 W. 80th Ave.

Arvada, CO 80005

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR save lives by knowing how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to get help.

RSVP:

jeffcocomms.online/QPR-RVALLEY

or call: 303-982-6831

NOTE: *Due to the nature of the content,
we ask that no children attend this training.*